

Northeastern Pennsylvania LIFESTYLES™

OVER 50

May / June 2021

The Hearing
Center —

p. 10

Geisinger
65 Forward —

p. 15

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DF-CD-NP-Q221

Cover Story

RECREATIONAL ACTIVITIES



Hello all,

I'd like to acknowledge those whose sinuses suffered from the recent temperature fluctuations and the yellow coating of pollen that covered everything this spring. I sympathize with you.

So, welcome warmer temperatures! In this issue, we focus on recreational activities that improve our minds, spirit and bodies. For our Tech Savvy Seniors we explore several popular online gaming software and consoles. And, if you're physically able to do so, we encourage all of you try out the very popular and fun game of pickleball. We also take a ride to visit three of northeastern Pennsylvania's drive-in movie theaters. Finally, be sure to take your family and grandchildren this summer to any of the animal adventure parks and county fairs that make this region their home.

For those of us who are enduring the nasty smell and loud chorus of the Cicada bug, my heart goes out to you. If you can be patient, they only hang around for two weeks and won't be back for another 17 years!

Marci Kacyon

Executive Editor

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www.LIFESTYLESover50.com/NEPA

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Lifestyles
Northeastern Pennsylvania
OVER 50

LIFESTYLES Over 50 Northeastern Pennsylvania is a print magazine distributed 6x annually, connecting seniors with local healthcare providers, senior living facilities, health-related resources, healthy-living activities and community events. Delving into topics of interest to seniors of NEPA, we hope to encourage vibrant, healthy and productive living through the stories we share about the people we meet and the businesses that serve this great region.

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**COVERING 10 COUNTIES
OF NORTHEASTERN
PENNSYLVANIA**



Pay IT FORWARD

Leonard S. Buxton

Each issue, **LIFESTYLES Over 50** Northeastern Pennsylvania recognizes a local nonprofit, individual or group for their contribution to our region. This month, we are proud to “pay it forward” by presenting \$150.000 to UMCOR, United Methodist Committee on Relief in the name of Leonard S. Buxton.

If you are a local nonprofit, individual or group serving within Northeastern Pennsylvania (see our counties map on page 3), please call 570-390-3350 or e-mail your information to NEPA@LIFESTYLESover50.com. We'll be happy to consider you!.



Check presentation by Marci Kacyon, executive editor in the amount of \$150.00 to UMCOR, United Methodist Committee on Relief in the name of Leonard S. Buxton. Included in the photo is his wife, Loretta.

LIFESTYLES Over 50 Northeastern Pennsylvania is a print magazine distributed 6x annually, connecting seniors with local healthcare providers, senior living facilities, health-related resources, healthy-living activities and community events.

Delving into topics of interest to seniors of NEPA, we hope to encourage vibrant, healthy and productive living through the stories we share about the people we meet and the businesses that serve this great region.

Tech Savvy Seniors

ONLINE GAMING

Forgetfulness is a normal part of aging. The brain naturally ages, just as the body does. The good news is that you can slow down the aging process by playing online games – that are challenging, accessible, fun and mentally stimulating – to promote good brain health. The important thing is to have fun! Choose games that pique your interest and avoid ones that fail to excite you. Start at beginner levels and move on to more advanced levels. Older adults might prefer to play online games on a computer, smartphone or tablet. Following are just a few examples.

Mahjong

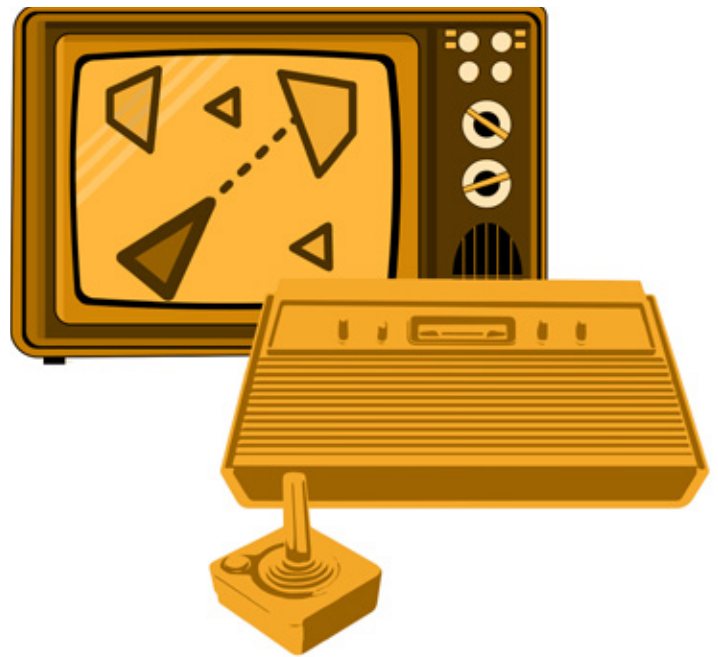
Remember that depression in seniors is often associated with loneliness and social isolation. Games, like Mahjong require multiple players. Played often in Asian countries, Mahjong is a tile-matching game that can promote an active and fulfilling life for the elderly. AARP offers numerous versions of Mahjong online to suit seniors' individual preferences. These include Mahjong Solitaire, Mahjong: Age of Alchemy, Mahjong Dark Dimensions, Mahjong Toy Chest – Classic Edition and Holiday Mahjong Dimensions. The AARP Website showcases the top scores earned by game participants, adding a competitive element. As players advance in the popular online game, they improve their planning, memory and calculation skills, and overall ability to recall and find items.

Solitaire

Staying mentally active is as important as being physically active. Considered by many to be the most popular online card game of all-time, seniors who play Solitaire train their brains to recognize patterns. As a result, older players' memories get a workout.

Candy Crush

For the visual thinkers among us, puzzle games are a great way to keep your mind active. The aim of Candy Crush is simple – clear the board of candy by lining up three or more matching pieces in a



row. Don't let its simplicity fool you though. Candy Crush is a great way to stretch your mental muscle as you progress to higher levels. This game can be tricky.

Nintendo Wii Sports

Nintendo Wii Sports was released in 2006. Although it might seem simple by today's standards, its success is undeniable. If you don't have a game console already, you can often purchase a pre-owned or refurbished model due to its wide availability and popularity. Players select one of five sports: tennis, golf, bowling, boxing, or baseball. You use the Wii remote to mimic playing the sport in real life, by throwing a baseball or swinging a golf club. This game has the added benefit of getting you on your feet and improving coordination and balance. Wii Sports is also the perfect game to play with others.

Atari Games

And for those of us who grew up playing Atari Games, the classics like Pong, Missile Command and Asteroids are now available to play online!

Sources AARP.org and seniorplanet.org

In Your Neighborhood

DUSHORE, PA

Home to Sullivan County's only traffic light

Dushore was first settled in 1794 by Aristide du Petit Thouars. The first permanent settler in the Dushore area was John Mosier, who settled there in 1825. Until incorporated, Dushore was known as Mosier's Hollow, as well as Jackson's Hollow, and Headleyville.

Things to do in Dushore:

Winter Wine & Chocolate Walk – Every President's Day Weekend, walk around town and have tastings from the local Wineries, Distilleries, Hard Cideries and Breweries all set up in and around the local businesses.

Fish Fest – Every year in May, Dushore uses its most picturesque resource, Bob Kast's Pond, to host Fish Fest. It's great to get out with family and friends and see what you can catch!

Founder's Day – Held the second Saturday in August, there are always lots of vendors, events like a petting zoo, a 3-on-3 basketball tournament, roll-a-keg races and a motorcycle ride for charity. And, you don't want to miss Dushore's biggest attraction, the Outhouse Races!

Oktoberfest – Every second Saturday in October, the Dushore Area Business Association holds an Oktoberfest. Breweries, local Wineries, Hard Cider-

QUICK FACTS

County: Sullivan

Settled: 1794

Population: 608 people
(2010 census)

Mayor: Mary Beth Minier

Website:
www.dushorepa.gov

ies, Breweries, and specialty food vendors, hayrides, polka music and more line the streets.

Christmas in Dushore – On the second Saturday in December, the Dushore Area Business Association puts on Christmas in Dushore, a day-long event with lots of fun and activities for the whole family. Have breakfast with Santa and vote on locally decorated and sponsored trees at the Tree Fest.

Dushore is proud to be the hometown of NA-SCAR and ARCA driver L.W. Miller. Dushore is also home to four radio stations: WGMF-FM, 103.9 FM and WYSP, and 88.1 FM. WPAL, 91.7 FM and WCIS-FM are licensed to nearby Laporte but are located on a tower near Dushore. And, a weekly newspaper, The Sullivan Review has been published in Dushore since 1878.

Courtesy of Wikipedia and dushorepa.gov



An old postcard auctioned on eBay in 2012. Estimated time period of 1904-1918.



Remain **ACTIVE** in your community
and maintain your **INDEPENDENCE.**



For information on how our agency can help you access our services,

please call 570-822-1158 or 1-800-252-1512

The Doctor Will See You Now

AND VACCINATE YOU

The data for the safety and effectiveness of the various COVID-19 vaccines continue to rise, and cases continue to fall as more individuals get vaccinated. If you or someone you love has been hesitant to get vaccinated, take the opportunity now to learn more and take action to protect your health and the health of those around you.

The American Heart Association encourages individuals who may have skipped doctor visits for chronic conditions or general checkups during the pandemic to make those appointments, and they can get vaccinated, too.

“It is safe to go to the doctor for wellness exams and for treatment for existing health conditions. Health care professionals have plans to keep you and medical staff safe even during a pandemic,” according to Donald M. Lloyd-Jones, M.D., 2021-2022 volunteer president of the American Heart Association.

Long live independence.

Are you caring for an older family member? LIFE Geisinger centers give seniors a place to spend the day with healthcare, wellness activities, social opportunities and transportation provided — so they can continue to live independently at home. And you know they’re getting the compassionate, comprehensive care they need.

Call **800-395-8759** to schedule a tour or find out more about our Scranton, Wilkes-Barre, Kulpmont and Lewistown locations.

geisinger.org/LifeGeisinger



Individuals with chronic conditions, such as type 2 diabetes, high blood pressure, and heart disease can safely continue with checkups, which are essential to maintaining health. Even for those without chronic conditions, routine doctor visits are important to stay healthy and strong.

An in-person doctor visit is not only safe, it is now an excellent opportunity to get the COVID-19 vaccine. Many doctors’ offices are receiving doses of COVID-19 vaccines that can be given quickly and easily in the office setting. Vaccination is especially important for individuals with chronic conditions who are at increased risk for serious complications from COVID-19 if they get sick.

Children ages 12 years and older are now eligible for the Pfizer-BioNTech COVID-19 Vaccine, and the American Heart Association encourages parents to get their children vaccinated, too. Doing so will help slow the spread of the virus and allow children to resume more of their normal pre-pandemic activities.

For those who still do not feel comfortable with a doctor’s office visit, take advantage of the expanded options for online checkups and check-ins via Zoom, FaceTime, or other platforms. The health care community is here to help everyone be well and live their best life.

According to the Centers for Disease Control and Prevention, fully-vaccinated individuals can resume most of their pre-pandemic lifestyle and activities, while continuing to follow any local guidance.

For the latest information about how you can get healthy, stay healthy and protect you and your family from COVID-19, visit www.heart.org/pandemic.

Source NewsUSA

A Combination Of Sports

PICKLEBALL

It's summertime, and many thoughts turn to sports: baseball, basketball, tennis, ultimate Frisbee, and Disc Golf, to name a few. But have your thoughts ever turned to Pickleball?

Perhaps you've never heard of Pickleball, but it has been a fast-growing sport since its creation in 1965. Although it has a funny name, Pickleball is a world-wide phenomenon — there are over 2,000,000 Pickleball enthusiasts in the United States alone. It can be played through community groups, PE classes, retirement communities, senior centers, schools — anywhere there is enough space and some simple equipment. It's a simple game for the whole family, so don't you think it's time to join in the fun?

Pickleball is similar to badminton. And tennis. And ping pong. It is meant to be just plain fun, although there are leagues and competitions and official rules and equipment. But it is also fun to just play for the fun of it with no pressure. Pickleball is played on a badminton-size court with a low tennis net, ping-pong-like paddles, and a plastic wiffle ball. It is easy to learn, good exercise, full of social interaction (like joking and laughing and positive camaraderie), and intergenerational. It puts the extreme athlete and the 98-pound weakling on the same level. It's also less dangerous than skydiving. What more could you ask?

The game began in 1965 when Washington State congressman Joel Pritchard and businessman Bill Bell found their families sitting around Pritchard's Bainbridge Island home, bored and restless. They grabbed some table tennis paddles and a wiffle ball,

headed to their badminton court, lowered the net, came up with some scant rules, and a phenomenon was born.

Friends and neighbors loved the game and soon made their own special paddles using jigsaws and marine plywood. It was not limited to those who could afford to own or travel to an "official" court — all you needed was a piece of chalk and a driveway or some yard space. Having no Internet or advertising budget, the excitement of the game spread by word-of-mouth. In 1972, Pickleball was officially incorporated, giving it a platform for official paddles, balls, nets, and other gear. In 1976, the first known Pickleball tournament was held in Tukwila, Washington. Today, there are over 21,000 known Pickleball courts in the U.S., and official US club memberships are in the tens of thousands.

OK, now to the part everyone has been waiting for: Where did the name "Pickleball" come from? There are two similar stories, one or both of which may be true. (1) According to Joel Pritchard's wife (Joan), she started calling the game "pickleball" because "the combination of different sports reminded me of the pickle boat in crew where oarsmen were chosen from the leftovers of other boats." (2) However, according to Barney McCallum, the game was officially named after the Pritchards' dog, Pickles, who would chase the ball and run off with it. Maybe both are true. Either way, it's friendly and memorable, just like the game.

Courtesy Alan Allegra of LIFESTYLES Over 50 Lehigh Valley



As I walked down a path with my father, he suddenly asked me, "Do you hear anything?"

"Yes," I replied, "the noise of a wagon."

"Excellent," he said, "and it's empty."

"How do you know? We can't see it."

"It's easy, the emptier the wagon is, the more noise it makes."

Since then, if I hear someone talking or bragging too much and belittling others, I hear father's voice saying, "The emptier the wagon is ... the greater the noise it makes."

Lifetime batteries
with purchase of hearing aids.
3 year repair and loss policy.
Free no obligation 2 week home trial
with hearing aids.



Providing Quality Hearing Care For Over 40 Years!

The Hearing Center's licensed and board certified audiologists are trained to evaluate your hearing. Hearing evaluations are offered daily by appointment, using the latest diagnostic equipment to determine which type of hearing aid is best for you. We offer the latest hearing aid technology, cutting edge devices that can connect directly to your TV, land phone or cellular phone. We'll repair all brands of hearing devices, even if you didn't purchase them from us.



We are an approved Geisinger Gold provider. Please inquire about other insurances we accept.

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Bloomsburg, PA 17815
570-784-8050
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HAWLEY

2591 Rt. 6, Suite 101
Hawley, PA 18428
272-336-0560
Tuesday: 9:00 am – 5:00 pm
Friday: 9:00 am – 5:00 pm

KINGSTON

601 Wyoming Avenue
Kingston, PA 18704
570-287-8649
Monday – Thursday:
9:30 am - 5:00 pm
Friday: 9:30 am - 2:00 pm
Saturday: 9:30 am - 12:00 pm

LEWISBURG

ACE Hearing Centers
45 Forest Drive
Lewisburg, PA 18740
670-523-1163
Monday – Friday:
9:00 am - 4:30 pm

WILLIAMSPORT

Ace Hearing Centers
435 River Avenue
Williamsport, PA 17701
570-567-1053
Monday – Friday:
9:00 am - 4:30 pm

Ask The Experts

YOUR HEARING QUESTIONS ANSWERED

If you or someone you know is having trouble hearing, our board certified audiologists at The Hearing Center are available to help with all of your hearing concerns.

Q. My family complains that I do not hear well but I think they mumble when they speak, what should I do?

A. We recommend that you get your hearing tested by a certified and licensed doctor of Audiology. Studies have shown that hearing loss is commonly first noticed by others before the hearing-impaired person notices it.

Q. A few of my friends and relatives tell me that hearing aids do not work, but I have trouble hearing. What should I do?

A. There are a number of factors that impact how well someone hears with hearing aids. Every person is different. I would urge you to try hearing aids at no cost and then decide for yourself if you are hearing better. The Hearing Center can help you get started with this process.

Q. I recently read that untreated hearing loss is associated with cognitive decline and dementia. Is this true?

A. Recent research has shown a strong relationship between untreated hearing loss and these conditions. However, the use of hearing aids has been shown to reduce this relationship. Additionally, untreated hearing loss has been linked to depression and also an increased risk of falling. That's why it is important to see an audiologist and address your hearing loss.

Q. I read that there are new state-of-the-art hearing aids that are small and barely noticeable when you are wearing them. Is this true?

A. Advances in hearing aid technology have been tremendous in the last decade. Today's hearing devices are digitally programmable

and can improve hearing immensely in all listening situations. The look and technology of hearing aids are always advancing. Today's hearing aids are so small that they are practically unnoticeable by other people.

Q. I think that I hear fine, but I have terrible ringing and buzzing in my ears. Is there anything I can do about it?

A. Ringing or buzzing in the ears is called Tinnitus. This can result from damage of the inner ear or other, more serious conditions. Talk to your primary care physician about seeking an audiological evaluation. Our board of certified audiologists at The Hearing Center can evaluate your condition and make an appropriate treatment plan for you.

Q. How long should a hearing aid last before I think about replacing them with a new pair?

A. On average, hearing aids should be changed every 4 to 5 years. However, higher quality hearing aids can last longer when you take good care of them. One of the biggest reasons people change hearing devices is that the advancements in hearing aid technology and performance occur regularly. Hearing aids are always evolving. That is why a free trial of a hearing aid is equally important to a new hearing aid wearer, as it is to someone who has been wearing hearing aids regularly.

Q. I am ready to get my hearing loss treated. What is the next step I should take?

A. Call and schedule your appointment with one of our board certified audiologists at The Hearing Center.

Courtesy The Hearing Center

Elder Law & Estate Planning

WHAT IS THE DIFFERENCE?

What is the difference between Elder Law and Estate Planning?

Elder Law plans on preserving your income, principal, and assets for use while you are alive. Planning for your senior lifestyle continues to maintain your present lifestyle with modifications due to health, finances, undue and unexpected burdens, and circumstances. For example: the COVID pandemic; stay-at-home; move; long-term home; nursing care; nursing facilities; etc.

Estate Planning is primarily concerned with implementing your personal, family wishes and distributing your assets after you pass on, in the most efficient and tax-advantaged way. Use of Estate Planning Healthcare POAs; Financial POS; Wills & Trusts; etc. to preserve, protect your capital and legacy.

“Elder Care” plans for life protection and begins by asking questions, such as:

- What will happen to me if I cannot make decisions for myself anymore?
- Who will make decisions for me?
- Are there special benefits I could qualify for?
- How will I deal with any financial obligations?
- What will I do with some of my belongings?
- Where will I live when I am old, and how will I pay for it?

“Estate Law” provides various documents executed during the life including trusts, beneficiary designations, powers of attorney, gifts, financing arrangements, or insurance with clients to prepare

potential estate plans. Estate Law requires planning during life and death, which:

- Help provide instructions regarding who gets what and when so that your wishes are carried out.
- Minimize taxes, court fees, and other expenses.
- Health care directives including instructions on what should be done if you become disabled.
- Take care of minor children by naming guardians and ensuring the right person will manage any inheritance.
- Provide for special needs relatives.
- Insurance, including life, disability, and long-term care.
- Ensure wishes are carried out as to any business plans including transfers of ownership.

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Richard Weintraub is a regular columnist for the USA Today Network as a political humorist and optimistic satirist on 21st Century American culture, history, life and society, “For What It Is Worth.” This article provides general information, and does not provide any legal advice.

**Whenever I try
to eat healthy, a
chocolate bar looks
at me and Snickers**



**WITH ALL OF THIS RAIN,
WE’RE GOING TO NEED AN ARK.
FEAR NOT. (WAIT FOR IT ...)
WE NOAH GUY!**

Area Agency on Aging

ACTIVE & INDEPENDENT

Remain **ACTIVE** in your community and maintain your **INDEPENDENCE**.

Our Mission

The Area Agency on Aging aims to enhance the quality of life for all mature adults by encouraging independence, promoting healthy lifestyles, and ensuring safety and protection throughout their life journey.

About the Agency

The Area Agency on Aging is a county agency serving the needs of the residents of Luzerne and Wyoming Counties, Pennsylvania. The Agency was established by the Luzerne County Board of Commissioners in 1968. Under the provisions of the Federal Older Americans Act of 1965, the Agency was designated to serve as the Area Agency on Aging for the two-county area in 1974. According to Mary Roselle, Executive Director, "The Agency acts as an advocate and speaks out on all issues related to the well-being and needs of older persons." As an Area Agency on Aging, the organization is responsible for planning and coordinating a comprehensive system of social services for the older residents of the community, including:

- Active Adult Centers
- Apprise & Link Programs
- Caregiver Support Program
- Elder Abuse
- Foster Grandparent Program
- Home Delivered Meals
- Mature Worker Program

The majority of funding for the Area Agency on Aging is provided by the Pennsylvania Department of Aging.



For information on how our agency can help you access our services, please call 570-822-1158 or 1-800-252-1512.

www.LuzerneCounty.org/Aging



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geisinger.org/GoingForwardScranton

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Wilkes-Barre

866-595-7921

geisinger.org/GoingForwardWB

Hazleton

866-288-5302

geisinger.org/GoingForwardHazleton

We're taking every precaution to keep you safe during the COVID-19 pandemic. Learn more: geisinger.org/safe

Safety





Congratulations!

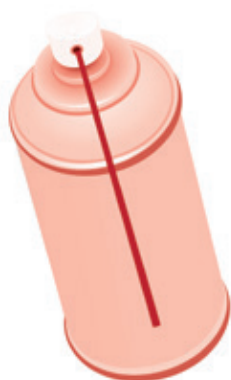
Forbes magazine found that with the number of independent franchise brands growing to support the rising demand for in-home health care, BrightStar Care continuously came out on top of its ranking of over 3,000 brands.



Office: 6252 Route 209 / Stroudsburg, PA 18360
Office: 1401 North Cedar Crest Blvd., Suite 104
 Allentown, PA 18104; Phone: 570-223-2248

Uses for WD-40

BY ANONYMOUS



- Protects silver from tarnishing
- Removes road tar and grime from cars
- Cleans and lubricates guitar strings
- Gives floors that 'just-waxed' sheen without making them slippery
- Keeps flies off cows
- Restores and cleans chalkboards
- Removes lipstick stains
- Untangles jewelry chains
- Removes stains from stainless steel sinks
- Removes dirt and grime from the barbecue grill
- Keeps ceramic/terra cotta garden pots from oxidizing
- Removes tomato stains from clothing
- Keeps glass shower doors free of water spots
- Camouflages scratches in ceramic and marble floors
- Keeps scissors working smoothly
- Lubricates noisy door hinges on vehicles and doors in homes
- Loosens stubborn zippers
- Removes black scuff marks from the kitchen floor
- Cleans bug guts off the finish of your car

The Age Test

HISTORY EXAM

This is a history exam for those who don't mind seeing how much they remember about what went on in their lives. Everyone over 40 should have an easy time at this. If you are under 40 you can claim a handicap. Answers are on page 18.

1. In the 1940's, where were automobile head-light dimmer switches located?
 - a. On the floor shift knob.
 - b. On the floor board, to the left of the clutch.
 - c. Next to the horn.
2. The bottle top of a Royal Crown Cola bottle had holes in it. For what was it used?
 - a. To capture lightning bugs.
 - b. To sprinkle clothes before ironing.
 - c. As a large salt shaker.
3. Why was having milk delivered a problem in northern winters?
 - a. Cows got cold and wouldn't produce milk.
 - b. Ice on highways forced delivery by dog sled.
 - c. Milkmen left deliveries outside of front doors and milk would freeze, expanding and pushing up the cardboard bottle top.
4. What was the popular chewing gum named for a game of chance?
 - a. Blackjack
 - b. Gin
 - c. Craps
5. During World War II, what method did women use to look as if they were wearing stockings when none were available due to rationing?
 - a. Suntan
 - b. Leg painting
 - c. Wearing slacks
6. What postwar car turned automotive design on its ear because you couldn't tell whether it was coming or going?
 - a. Studebaker
 - b. Nash Metro
 - c. Tucker

7. Which was a popular candy when you were a kid?
 - a. Strips of dried peanut butter.
 - b. Chocolate licorice bars.
 - c. Wax coke-shaped bottles with colored sugar water inside.
8. How was Butch wax used?
 - a. To stiffen a flat-top haircut so it stood up.
 - b. To make floors shiny and prevent scuffing.
 - c. On the wheels of roller skates to prevent rust.
9. Before inline skates, how did you keep your roller skates attached to your shoes?
 - a. With clamps, tightened by a skate key.
 - b. Woven straps that crossed the foot.
 - c. Long pieces of twine.

Courtesy LIFESTYLES Over 50 Lehigh Valley





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The Age Test

ANSWERS

95% correct: You are older than dirt, and obviously gifted with mental abilities. Now, if you could only find your glasses.

85% correct: Not quite dirt yet, but you're getting there.

Fewer than 75% correct: Not old enough to share the wisdom of your experiences.

1. [b] Hand controls, popular in Europe, took till the late 60's to catch on.
2. [b] Who had a steam iron?
3. [c] Cold weather caused the milk to freeze and expand.
4. [a] Blackjack Gum.
5. [b] Special makeup was applied, followed by drawing a seam down the back of the leg with eye brow pencil.
6. [a] 1950 Studebaker Champion Starlight Coupe.
7. [c] Wax coke bottles containing super-sweet colored water.
8. [a] Wax for your flat top (butch) haircut.
9. [a] With clamps, tightened by a skate key, which you wore on a shoestring around your neck.

Courtesy LIFESTYLES Over 50 Lehigh Valley

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Remember When?

MOVIES UNDER THE STARS

Remember the nostalgia of watching a movie on a warm summer night under a clear blue, starry sky? Unfortunately, the number of drive-in movie theaters across the United States has steadily decreased over the past 50 years. There were once over 4,000 drive-in movie theaters across America, and now there are fewer than 500! Fortunately, Northeastern Pennsylvania is still home to a few drive-in movie theaters.

Let's take a ride to visit these three classic drive-in movie theaters of Northeastern Pennsylvania!

The Garden Drive-In Theater of Hunlock Creek, Pa.

The Garden Drive-In Theatre opened in 1952. Starting with one screen, The Garden Drive-In has since added a second screen and expanded to accommodate over 600 cars. Movies can now be heard through an FM radio broadcast rather than those older, crackly-sounding speakers of the past. You get that same, classic drive-in movie feeling with a sharper picture as well. A centrally located snack bar offers everything from burgers and fries to cotton candy and ice cream ... and of course, popcorn. The property also converts into one of NEPA's largest flea markets every Sunday.

Visit www.gardendrivein.com for movies, dates and show times.

The Circle Drive-In of Dickson City, Pa.

Since 1949, the Circle Drive-In Theatre has been a central Lackawanna County gathering place, located just 6 miles north of downtown Scranton along NEPA's famous Route 6. As the decades rolled by, the Circle Drive-In added a second screen and room for over 800 cars. Its semicircular design allows for optimal viewing and ease of parking. And the fully digitized projection and sound system provides a viewing and listening experience that rivals many in-home entertainment systems. There is also a full-service, centrally located snack bar featuring pizza, pierogies, and much more. Like many other



drive-in theaters, it transforms into a massive flea market on Sundays. And in October, be sure to drive thru their haunted attraction, Circle of Screams.

Visit www.circledrive-in.com for movies, dates and show times.

The Mahoning Drive-In Theater of Lehighton, Pa.

Take a trip back in time. The Mahoning Drive-In Theater opened in 1948. This classic gem features the largest Cinemascope screen in Pennsylvania. Staying true to drive-in theater tradition, The Mahoning Drive-In shows classic double features on 35mm film. It also hosts themed nights and film fests. The Mahoning Drive-In has made a name for itself as a steward of the timeless drive-in movie experience. From the marquis to the snack bar to those working there, there exudes a genuine, infectious love for the magic of film. And be sure to stop in the snack bar where, among the usual food items, you'll find a few retro arcade games.

To enjoy a truly unique drive-in experience like this, visit www.mahoningdit.com for movies, dates and show times.

Games

AND ACTIVITIES

.....SUDOKU.....

	2	6		1	8		4	
8						9		
1					5			
4					1	8		
				5	9			
3	6			2			5	
	1			8	2	3		
5					4			
	3	9						

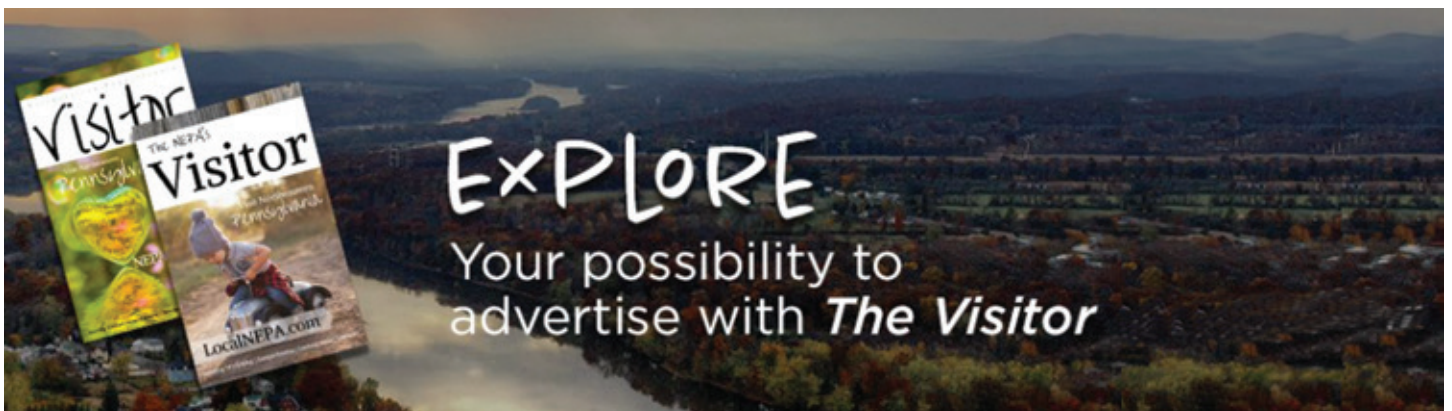
1	8	3			6		9	
			7					
6			3	1	4		8	
3	1	9				8	5	
5		8		7				
	6							
	5	6		8				3
4			5					
	3			4				

Sudoku Directions:

Sudoku is played on a grid of 9 x 9 spaces. Within the rows and columns are 9 “squares” made up of 3 x 3 spaces. Each row, column and square (9 spaces each) needs to be filled out with the numbers 1-9,

without repeating any numbers within the row, column or square.

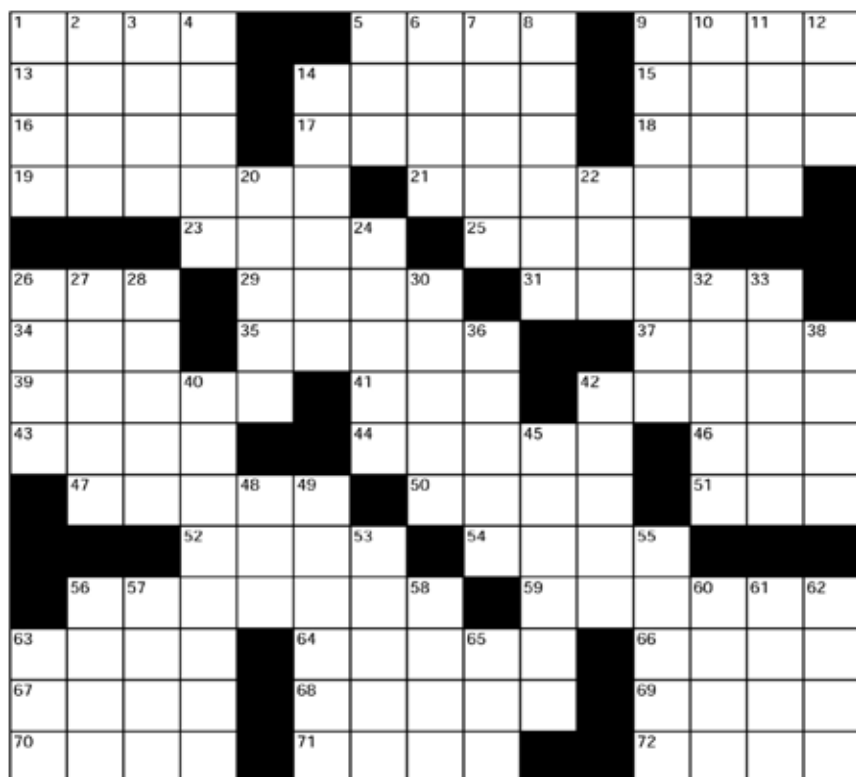
Answers are provided on page 23.



Games

AND ACTIVITIES

CROSSWORD PUZZLE



ACROSS

- 1 No longer for sale
- 5 Asian bird
- 9 Corridor
- 13 Seaweed substance
- 14 Ruin
- 15 Band instrument
- 16 Navy's rival
- 17 Slide
- 18 Repose
- 19 Doctor
- 21 Sovereign's substitutes
- 23 Bucks wives
- 25 Incline
- 26 Fall mo.
- 29 Welt
- 31 Leftovers of civilizations
- 34 Wedding promise
- 35 Red headed orphan
- 37 Ping __ (paddle game)
- 39 Unnaturalized

- 41 Sea eagle
- 42 Palm
- 43 Spring flower
- 44 Radiuses
- 46 Miner's goal
- 47 Salesperson
- 50 Made music vocally
- 51 Type of Buddhism
- 52 Put down
- 54 Resound
- 56 Five
- 59 Maximum
- 63 Incinerate
- 64 Scour
- 66 Small particle
- 67 Stand up
- 68 Raccoon-like animal
- 69 Despot
- 70 Jewish calendar month
- 71 Hoopla
- 72 Sego lily's bulb

DOWN

- 1 France & Germany river
- 2 Giant
- 3 Article of furniture
- 4 Nymph
- 5 Miles per hour
- 6 Not mine
- 7 Fertilizer component
- 8 Sour ale
- 9 1-reed pipe, horn mouthpiece
- 10 To incite
- 11 Failure
- 12 Allow
- 14 Check for
- 20 Midwestern state denizen
- 22 Flightless bird
- 24 Not as insane
- 26 Egg-shaped
- 27 Infant's crying disease
- 28 Kind of fabric
- 30 Italian "dollars"
- 32 Caffeine pill brand
- 33 Catch
- 36 Endow
- 38 Vale
- 40 Makeup
- 42 Could
- 45 Nightmare
- 48 Fled
- 49 Cheap "art"
- 53 Lure away
- 55 Leaves out
- 56 __ pro quo
- 57 __ Major (Big Dipper)
- 58 Catch
- 60 Slime
- 61 Male deer
- 62 Tropical edible root
- 63 Undergarment
- 65 North American Indian

Answers are provided
on page 23.

Games

AND ACTIVITIES

Gentle Thoughts For Today

The easiest way to find something lost around the house is to buy a replacement.

If you can smile when things go wrong, you have someone in mind to blame.

A bicycle cannot stand alone ... it is two tired.

A backward poet writes inverse.

He who hesitates is probably right.

A penny saved is a government oversight.

When a clock is hungry it goes back four seconds.

A calendar's days are numbered.

A Local Area Network in Australia:
The LAN down under.

The Rules Of Life

You need only two tools: WD-40 and duct tape. If it doesn't move and it should, use WD-40. If it does move and it shouldn't, use tape.

He had a photographic memory, which was never developed.

A boiled egg is hard to beat.

The five most essential words for a healthy, vital relationship are "I apologize" and "You are right."

When you make a mistake, make amends immediately. It's easier to eat crow while it's still warm.

Some really good advice your mother gave you was, "Go, you might meet somebody!"

Games

AND ACTIVITIES

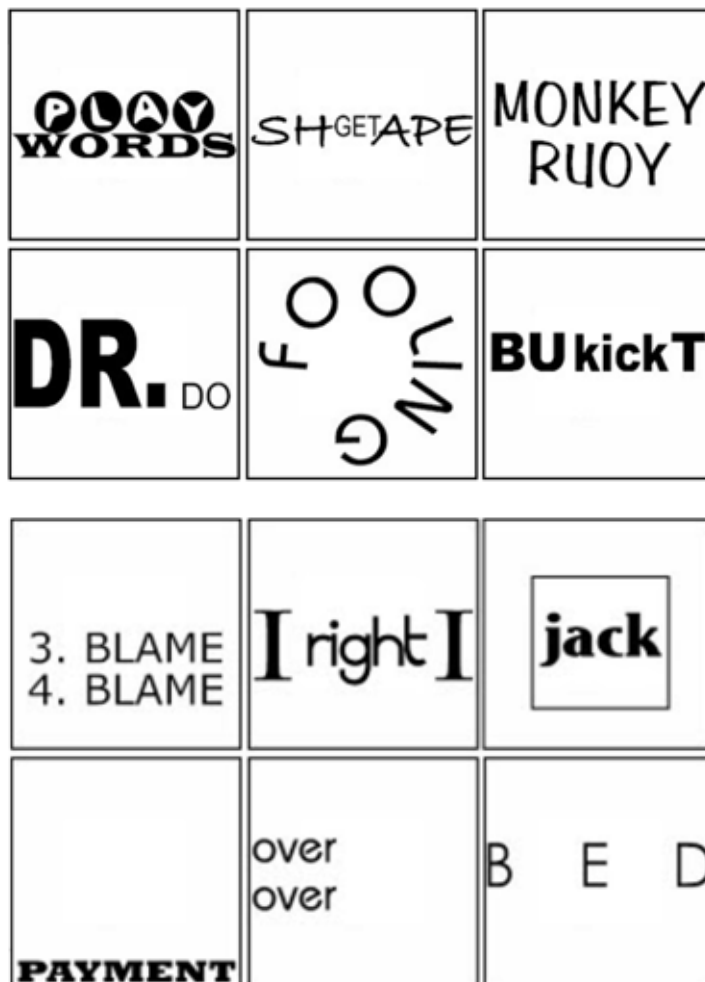
W U Z Z L E S

Wuzzles are word puzzles consisting of combinations of words, letters or symbols that are mixed, jumbled and/or muddled together. The secret to solving a wuzzle is to determine the missing “concept,” such as in, on, over, under, before, after, between etc.

Good Wuzzle Luck!

WUZZLES ANSWERS

WUZZLE #1
Play on Words
Get in Shape
Monkey on Your Back
Dr. Dottle
Fooling Around
A Kick in the Butt
WUZZLE #2
No one to Blame
Right between the eyes
Jack in the Box
Down Payment
Left Overs
Bedspread



SUDOKU ANSWERS

9	2	6	7	1	8	5	4	3
8	5	7	6	4	3	9	1	2
1	4	3	2	9	5	7	6	8
4	9	5	3	6	1	8	2	7
7	8	2	4	5	9	6	3	1
3	6	1	8	2	7	4	5	9
6	1	4	9	8	2	3	7	5
5	7	8	1	3	4	2	9	6
2	3	9	5	7	6	1	8	4

1	8	3	2	5	6	7	9	4
2	4	5	7	9	8	6	3	1
6	9	7	3	1	4	5	8	2
3	1	9	4	6	2	8	5	7
5	2	8	9	7	1	3	4	6
7	6	4	8	3	5	2	1	9
9	5	6	1	8	7	4	2	3
4	7	1	5	2	3	9	6	8
8	3	2	6	4	9	1	7	5

CROSSWORD PUZZLE ANSWERS

S	O	L	D		M	Y	N	A		H	A	L
A	G	A	R		S	P	O	I	L	O	B	O
A	R	M	Y		C	H	U	T	E	R	E	S
R	E	P	A	I	R		R	E	G	E	N	T
				D	O	E	S		R	A	M	P
O	C	T		W	E	A	L		R	U	I	N
V	O	W		A	N	N	I	E		P	O	N
A	L	I	E	N		E	R	N		M	E	D
L	I	L	Y		R	A	D	I		I	O	R
	C	L	E	R	K		S	U	N	G		Z
		L	A	I	D		E	C	H	O		
	Q	U	I	N	T	E	T		U	T	M	O
B	U	R	N		S	C	R	U	B		I	O
R	I	S	E		C	O	A	T		I	T	Z
A	D	A	R		H	Y	P	E			S	E

What To Do

WITH YOUR GRANDCHILDREN



Animal Adventures

Pocono Snake & Animal Farm
Route 209, 7 Bridge Rd.
East Stroudsburg, PA 18301
570-223-8653

This second-generation zoo started over 40 years ago as a reptile farm, but has grown to include many exotic animals as well. In addition to the farm's featured reptiles like the mighty King Cobra – the largest python in the U.S., a 150 year old turtle, an alligator pond with dozens of other reptiles; there are lots of playful monkeys, sloths, lemurs, leopards, bobcats, fennec fox, and bear to see; as well as a petting area that houses deer, goats, and pot-bellied pigs!

The Electric City Aquarium & Reptile Den
300 Lackawanna Ave.
Scranton, PA 18503
570-909-9631

Showcasing animals from both land and sea with a dedication to education and conservation. The 20,000+ square foot facility has been carefully planned to accommodate each member of its animal, reptile and fish family.

Claws 'N' Paws Wild Animal Park
1475 Ledgesdale Rd.
Lake Ariel, PA 18436
570-698-6154

Get close to over 120 exotic species of animals! Watch two different Animal Shows; feed the giraffe and lory parrots; enter the Petting Zoo and enjoy Turtle Town. And, don't miss the Dinosaur Outpost with fossil hunts, a Dino Dig, triceratops to sit on, and other activities!

Barakah Heritage Farm
901 Wolf House Hollow Rd.
Benton, PA 17814
570-285-5242

A homesteading farm committed to practical preservation of heritage farm animal breeds and heirloom plants. Farmstays, educational programs, classes, and tours are available all year round. Or, view the farm's live, daily broadcasts on its Facebook page at <https://www.facebook.com/pg/barakahfarm/videos>

Events Calendar

COUNTY FAIRS

Bradford County
Troy Fair, Troy, Pa.
July 26-31, 2021

The 145th Troy Fair at Alparon Community Park is considered “the largest event in Bradford County.” Events include the Roots and Boots Tour, bull riding, demolition derbies, and tractor pulls.

Carbon County
Carbon County Fair, Palmerton, Pa.
August 9-14, 2021

The Carbon County Lion/Lioness Fair Association desires that the fair benefit the hard-working youth in Carbon County and West Penn Township by showcasing the animals and projects of its youth.

Luzerne County
Luzerne County Fair, Dallas, Pa.
September 8-12, 2021

Since 1962, the Luzerne County Fair has enjoyed the closing of summer with its beautiful colored leaves, fresh vegetables, live bands, great food, exciting rides and activities for its residents.

Monroe County
West End Fair, Gilbert, Pa.
August 22-28, 2021

The West End Fair was originally named the Monroe County Agricultural Society when it was first held in 1920. In 1927 the West End Fair in Gilbert was officially created. One of the fair’s best features is its stately oaks and majestic hemlocks shading the grove from the heat of summer.

Pike County
Pike County Agricultural Fair, Bushkill, Pa.
August 18-23, 2021

Since 1979, the Pike County Agricultural Fair has featured fun for the entire family including entertainment, crafts, games, rides, animals, agricultural exhibits, music, commercial vendors, a wide variety of food and more.

Sullivan County
Sullivan County Fair, Forksville, Pa.
September 1-5, 2021

Located along the scenic Loyalsock Creek, the fair was established in 1851. Today, the Sullivan County Fair strives to promote agriculture and educate visitors on the role of agriculture within the county.

Susquehanna County
Harford Fair, New Milford, Pa.
August 16-21, 2021

Nestled in the Endless Mountains is the village of Harford whose residents enjoy a quiet existence for fifty-one weeks a year. Celebrating 164 years, the Harford Fair draws over 65,000 visitors to one of the few agricultural fairs in Pa.

Wayne County
Wayne County Fair, Honesdale, Pa.
August 6-14, 2021

159 years ago, the Wayne County Agriculture Society laid the groundwork for the Wayne County Fair when 22 acres of land was purchased along the Dyberry River. Eventually the main grandstand would expand to house 2,000 patrons, sixty concession stands, harness racing, livestock contests and concert events for nearly 100,000 visitors each summer.

Wyoming County
Wyoming County Fair, Meshoppen, Pa.
September 1-6, 2021

The fair was moved to its current location in 1991 when the Tunkhannock Kiwanis Club purchased 231 acres of property along Route 6 in Meshoppen. Their yearly motto: BIGGER AND BETTER each year continues to be realized as vendors, exhibitors, 4-H exhibits, cattle barn, sheep barn, live stock area, horse arena with grandstands, farm museum, second entertainment stage ... and more are added.

Giving Back

HEATHER TABER

At age 16, Heather Taber suffered a hemorrhagic stroke (brain aneurysm rupture), which required emergency brain surgery. As a result, her left side was paralyzed. She went to an inpatient rehabilitation hospital where she received rigorous physical and occupational therapies. When she was not in therapy or visiting other patients, she helped out in the therapy gym. It is there where Heather fell in love with the concept of therapy and wanted to be an occupational therapist (OT).

“I got to see first-hand what a difference the OT made in the lives of my fellow patients. The occupational therapist got to teach the patient how to do everyday tasks in a different way to make independence possible after injury or illness, regardless of disability,” said Heather.

Fast-forward 20 years. When Heather’s younger kids were in high school she decided to pursue her dream. One barrier was that OT’s are required to have a Masters degree. Being 37 years old at the time, Heather decided to keep looking for other options. According to Heather, “I didn’t want to spend the remainder of my working years in college. That is when I found a Bachelor’s degree program in Human Development and Family Studies at Penn State Scranton. With this degree, I could help people in many ways through human services.”

Prior to starting at Penn State, a counselor from the Office of Vocational Rehabilitation suggested an Assistive Technology (AT) evaluation for Heather. This evaluation was done to determine what aids or services she may need to be successful in college, given her residual physical limitations. Linda Mesavage, the AT Specialist at UCP of NEPA, performed her evaluation. After a lengthy discussion of Heather’s goals, dreams, abilities, and limitations, Linda told Heather that she would be a perfect candidate to take over Linda’s job some day.

After graduating with a Bachelor’s degree in Human Development and Family Studies in December of 2016, Heather received a phone message from Linda Mesavage offering her a part-time position as an AT Assistant. As a stay at home mom and still



Heather Taber

occasionally suffering mental and physical fatigue from the aneurysm, starting out part-time was the perfect option for Heather. “I worked until I was able to become a full time employee. And after Linda retired, I was fortunate to take over her position,” said Heather.

“I love my job! It is the best of what I love about OT and what I liked about social work,” says Heather. “I have been given this gift to help others. I can look at the person with limitations and what he/she is trying to do and I know how to bridge that gap to accomplish the task.” This is done either through the use of devices, most often low-tech or already owned, or just a different way of doing things. Many of Heather’s classes at Penn State were geared toward counseling and she uses those techniques when working with clients. According to Heather, “I believe everyone is an individual with different, varying needs. The lessons I’ve learned enable me to communicate instructions clearly and ‘think outside of the box’ for solutions.

Read our Tech Savvy Seniors section in LIFESTYLES Over 50 Northeastern Pennsylvania’s March/April issue of 2021 to learn more about The Assistive Technology Resource Center at UCP of NEPA and its programs.

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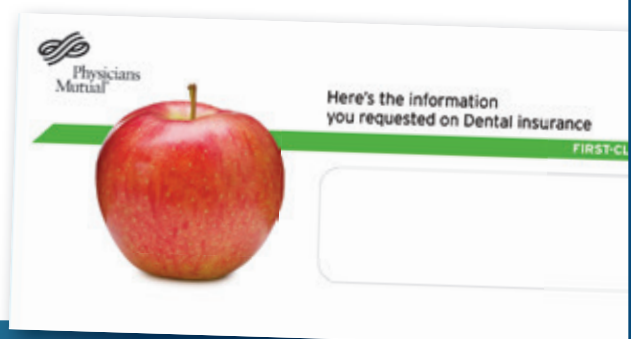


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